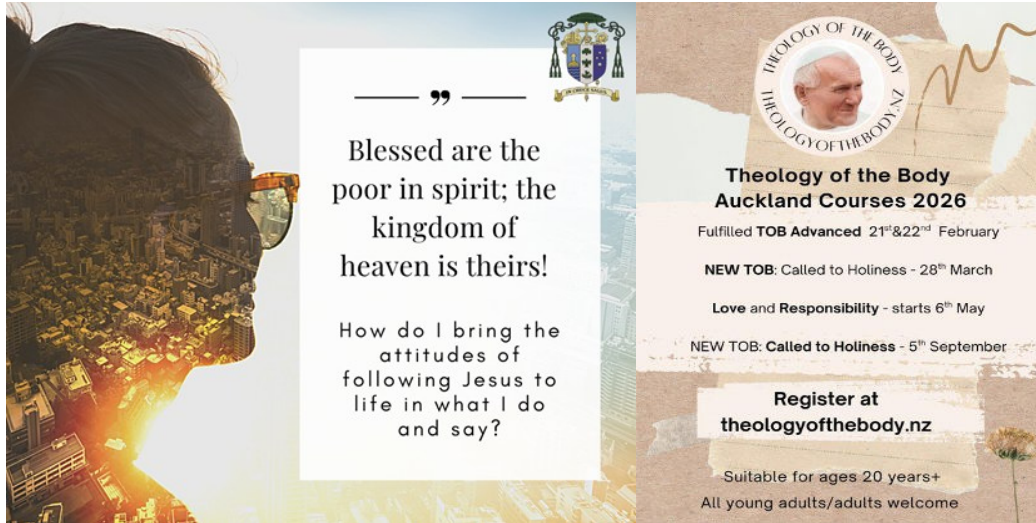


PARISH NOTICES

1. Waitangi Day is a public holiday on Friday 6th February. Mass will begin at 8am.
2. Sacramental Programme for 2026 is now open for enrolments from the age of 8 years. Receiving the Sacrament of 1st Holy Communion will take place on Sunday 7th June 2026. (Corpus Christi) Please contact Office at assumptiononehunga@xtra.co.nz Lisa on 0276252007 and Lonili on 02111375429 for an enrolment form.
3. Thank you all for your generosity in your continual giving of dried goods. **YES** we are still collecting and distributing - while the need is there, we will continue.



Blessed are the poor in spirit; the kingdom of heaven is theirs!

How do I bring the attitudes of following Jesus to life in what I do and say?

Theology of the Body Auckland Courses 2026
Fulfilled TOB Advanced 21st&22nd February
NEW TOB: Called to Holiness - 28th March
Love and Responsibility - starts 6th May
NEW TOB: Called to Holiness - 5th September

Register at theologyofthebody.nz

Suitable for ages 20 years+
All young adults/adults welcome

DIOCESE NOTICES

1. **Theology of the Body - Registration OPEN for 2026**
Course 1: Fulfilled: The Promise of the Christian Life looks deeply at the 'ache' of human longing and the hope of infinite bliss in Christ. Dates: **Sat 21 and Sun 22 Feb.**
Course 2: NEW Beginners TOB course – Called to Holiness - LIVE – 4-talk series. Sat 28 March (ONE DAY only)
All adults 20 years + are welcome. To register please visit: theologyofthebody.nz
2. Notices from Titipounamu Study & Joy
Franciscan Renaissance with Patrick Carolan
Monday, 16 February 2026, 7-8pm. Zoom (Koha/Donation).
Register to receive the Zoom link: www.studyjoy.nz/2026/01/08/franciscan-renaissance/
Muffin Talks 2025. Snippets of interview recordings from 2025.
www.studyjoy.nz/2026/01/01/muffin-talk-2025/ For more information: www.studyjoy.nz
3. **Catholic Enquiry Centre : Three Part-Time Roles:**
The Catholic Enquiry Centre (an agency of the NZ Catholic Bishops Conference) is expanding its digital outreach in 2026 and is seeking passionate, faith-filled people to join the team:
Digital Ministry Specialist (Content & Platform) – oversee CEC’s website and social media, creating content that helps people explore faith.
Digital Ministry Specialist (Media Production) – create short videos, testimonies, and reels introducing Catholic faith and traditions.
Resource & Enquiry Support Officer – respond to enquirers and coordinate the dispatch of printed resources across Aotearoa. All roles are **part-time (0.4 FTE)** and may be remote or Wellington-based. Expressions of interest to carly@catholicenquiry.nz by Friday 9 January 2026. Roles may be filled sooner for the right candidates.

OUR LADY OF THE ASSUMPTION

Parish Priests:

Fr. Iosefo Timu mf - Ph: 02102602570

Fr. Joseph Nguyen Minh Phuc mf

Fr Andrew Pham mf

Presbytery: 97 Galway St. Onehunga

Ph: 09 636 4647

Parish Office: Ph: 09 320 4558

Parish Secretary: Therese Ulberg

Email: assumptiononehunga@xtra.co.nz

Website: www.onehungacatholic.org.nz



“BLESSED ARE YOU”

THE FOURTH SUNDAY IN ORDINARY TIME YEAR A 1ST FEBRUARY 2026

Daily Morning Eucharist:

Daily Evening Eucharist:

First Friday Evening:

Saturday Eucharist:

Sunday Eucharist:

Public Holidays:

Adoration:

Tongan Mass:

Samoan Mass:

Youth Mass:

Reconciliation:

Samoan Divine Mercy prayer meetings:

The Legion of Mary prayer meeting:

Monday - Friday 7.30am

Suspended until further notice

Lectio Divina 6.30pm-7.30pm

8.00am and Vigil 6.00pm

8.30am & 10.00am

8.00am, **no evening Mass**

Sundays 5.00pm-5.45pm

2nd Sunday of every month at 12.00pm

5th Sunday of every month at 11.30am

4th Sunday of every month at 10.00am

Every Saturday at 8.30am-9.00am and 5.00pm-5.30pm

Every 1st, 3rd & 4th Mondays at 12noon-2.00pm

Every Thursday at 7.00pm (**Pavilion**)

Reflection

BLESSED ARE YOU. The Beatitudes are among the best known verses of the Gospel of Matthew. They offer an assurance of God’s care for those who mourn or suffer persecution. They contain promises that God will bless the merciful, the pure of heart, the peacemakers and those who work for justice.

The two texts brought together in this reading (**Zeph 2:3;3:12-13**) are the earliest texts that use the term *anawim*. The term referred to the poor and lowly, who put their trust in God and practised integrity and humility. God becomes the champion of this ‘faithful remnant’. The reading gives us one of the most complete pictures of the meaning of poverty to be found in the Old Testament. It is against this background that we must understand the beatitudes, and the first beatitude in particular.

The Second Reading (**1 Cor 1: 26-31**) continues the theme of the blessedness of the poor and the lowly. A cursory glance at the Bible reveals that the poor and the lowly are God’s favourites. But it is not for this reason alone that God chooses them. God chooses them because, conscious of their limitations, they rely on God rather than on themselves. Then the success of the work will clearly be seen as God’s doing.

Today we have the first six extracts from Matthew’s Sermon on the Mount. There are parallels between Moses and the Matthean Jesus. The old law was given to Moses on a mountain; the new law is given by Jesus also on a mountain. The sermon begins with the beatitudes. In the beatitudes we see the values Christ preached, and the blessedness promised to those who live by them. While Matthew has eight beatitudes, Luke has only four, but with four corresponding ‘woes’. In Luke the beatitudes are stated more starkly.

It seems that Matthew has spiritualised them, because his community includes people who are not physically poor or hungry.

Flor McCarthy SDB

Readings for The Fourth Sunday in Ordinary Time 1st February 2026

First reading:

A reading from the prophet Zephaniah, 2: 3; 3: 12-13
In your midst I will leave a humble and a lowly people.

Responsorial Psalm: 146

**R: Blessed are the poor in spirit;
the kingdom of heaven is theirs!**

It is the Lord who keeps faith for ever,
who executes justice for the oppressed;
who gives food to the hungry.
The Lord sets the prisoners free. **R.**

The Lord opens the eyes of the blind
and lifts up those who are bowed down;
the Lord loves the righteous
and watches over the strangers. **R.**

The Lord upholds the orphan and the widow,
but the way of the wicked he brings to ruin.
The Lord will reign forever,
your God, O Zion, for all generations. **R.**

Second reading:

A reading from the first letter of St Paul to the Corinthians. 1: 26-31
God has chosen what is weak by human reckoning.

Gospel Acclamation:

Alleluia, alleluia!

Rejoice and be glad:

your reward will be great in heaven.

Alleluia!

Gospel:

A reading from the Holy Gospel
according to Matthew. 5: 1-12
Happy are the poor in spirit.

Dedication Prayer to Mother Mary.

(Please turn and face the statue of Mother Mary before we recite the prayer)

Blessed Mother Mary, Queen Assumed into Heaven, we rejoice that after years of heroic martyrdom on earth, you have at last been taken to the throne prepared for you in heaven by the Holy Trinity.

We place our life, our joys, our sorrows, and our hopes into your gentle hands. Lift our hearts with you in the glory of your Assumption above the dreadful touch of sin and impurity.

Guide us with your wisdom and protect us with your mantle of peace. Teach us how small earth becomes when viewed from heaven. Make us realise that death is the triumphant gate through which we shall pass to your Son, and that someday our bodies shall re-join our souls in the unending bliss of heaven.

When our hour of death has come, lead us safely to the presence of Jesus to enjoy the vision of our God for all eternity together with you.

Amen.



Readers for this week Saturday 31st January and Sunday 1st February 2026

	Commentator	Readers	Reserves
6.00pm	Angel Taamale	1. Tatupu Vaalepu 2. Pauline Calvert	Veronica Hagar Su'e Tapu
8.30am	Susitina Tu'inukuafe	1. Chiara Marie 2. Cheryl Peters	Sylvia Paul Dominic Paul
10.00am	Toma Lauaki	1. Iutita Sefo 2. Ana Lauaki	Malia Fusi Eseta Oloa

Extra-Ordinary Ministers for this week Saturday 31st January and Sunday 1st February 2026

David Hagar, Lily Ulberg, Robert Lemana, Don & Colleen Hodges
Johndell Ubido, Glen Hill, Kalevina Su'a, Su'a Tagalao, Loselika Laumea
Tonga Enosi, Inoke Kata, Cory Apikotoa, Soane Ahovelo, Malia Tuipulotu

Readers for next week Saturday 7th and Sunday 8th February 2026

	Commentator	Readers	Reserves
6.00pm	Dilynne Muller	1. Diana-Marie Ulberg 2. Assumption Ilalio	Veronica Hagar Pauline Calvert
8.30am	Glen Hill	1. Fiesola Pifeleti 2. Selesitina Taamale	Cheryl Peters Chiara Marie
10.00am	Tafaomalalo Leavasa	1. Su'e Tapu 2. Eseta Oloa	Iutita Sefo Ana Lauaki

Extra-Ordinary Ministers for next week Readers for next week Saturday 7th and Sunday 8th February 2026

David Hagar, Don & Colleen Hodges, Lily Ulberg, Robert Lemana
Su'a Tagalao, Susitina Tu'inukuafe, Johndell Ubido, Kalevina Su'a, Glen Hill
Peter Rawson, Robert Lemana, Iutita Sefo, Faumuina Lio, Loselika Laumea

Anniversaries for the coming week 2nd to 8th February

1. Agripina Paez - (2011)
2. Tamine Mary Ash (1984), Akusitina Papalangi Music Ongoongo (2009)
Encarnacion Tan - (2025)
3. Maria Frances Bell (2016)
4. Thomas Hewitt (1975)
5. Stuart James Gilchrist (1977), Annie Gertrude Hutton (1977),
Dorothy Sheehan (1978), Frank Thomas McConnell (1981),
Kathleen Monica Treanor (2007), Patricia White (2012), Claire Henehan (2012)
- 6.
7. Lillian Curran (1986)
8. John Patrick Kirwan (2009)

**Weekly requirement to run the Parish is approximately \$2700.00
Last Sunday's collection \$2745.60**

Readings for Next Week (08/02/26)
Fifth Sunday in Ordinary Time Year A
1st Reading: Isaiah 58:7-10
Psalm: 112
2nd Reading: 1Corinthians 2:1-5
Gospel: Matthew 5:13-16

Anniversaries of Deaths: If you wish the deceased members of your family to be mentioned in the Sunday bulletin, please supply details the week before.

Email: assumptiononehunga@xtra.co.nz
Phone: 320 4558 (Parish Office) 0210685181
Monday—Friday, 9:00am to 3:00pm
PARISH A/C ONEHUNGA: BNZ 02-0108-0706080-000